

Vocabulary

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Study the vocabulary words and definitions below.

abusive hurtful or insulting; treating someone poorly

clique a group that demands its members act and think alike
Examples: dressing alike, accepting or rejecting the same peers

condemn to strongly disapprove; to judge harshly

conformity behavior or thought that follows the rules or practices of a group or other persons

contentment satisfaction

criticism disapproval; passing unfavorable judgment

criticize to find fault with or to judge

culture the beliefs, thoughts, and behaviors of a community or society

distorted twisted or misshaped; inaccurate or false

fiction something that is made up; not a true story

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imperfections skills and traits that are not ideal

internalize to take something inside yourself; to
make something a part of yourself

positive self-talk talking to yourself in a positive way
about your characteristics and abilities

satisfy to fulfill (a need or desire)

self-concept the current mental image you have of
yourself

self-esteem pride in and acceptance of yourself

self-ideal your mental image of what you would
like to be

self-satisfaction pleasure or happiness gained through
your accomplishments or efforts

undemanding not asking or requiring much

vulnerable unprotected; open to attack or hurt

worthy deserving of respect; valuable or
honorable